

# Synthesis and Characterization of a pH/Temperature Responsive Glycine-Mediated Hydrogel for Drug Release

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**Abstract:** In this work, a pH/temperature responsive hydrogel (PMEA) from N-acryloylglycine methyl ester (NAGME), N-acryloylglycine ethyl ester (NAGEE) and acrylic acid (AAc) was synthesized by free radical polymerization. The swelling behaviors and drug release properties of hydrogels were systematically investigated at different temperature, pH and AAc content. It was found that the hydrogel PMEA demonstrated pH and temperature responsive nature. The caffeine-release behaviors showed that only 49.1 % caffeine was released from PMEA in pH 2.70 phosphate buffer solution (PBS) after 500 minutes, whereas more than 93.9 % caffeine was gradually diffused into the medium in pH 7.49 PBS over the same time interval. In addition, the caffeine release was much higher at at 37 °C than at 14 °C in deionized water. Seen from the results, the PMEA seems to be a potential drug carrier with pH-temperature responsiveness.

**Key words:** pH/temperature-responsive, N-acryloyl glycinate, drug release, hydrogel

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## 1. INTRODUCTION

The intelligent hydrogels, as hydrophilic and crosslinked polymer networks, can change their volumes but do not dissolve in response to the stimuli in the surrounding. The stimuli contain some physical and chemical changes such as temperature<sup>[1, 2]</sup>, pH<sup>[3, 4]</sup>, different concentration and kinds of ions in the solution<sup>[5, 6]</sup>. Among these, pH- and thermo- responsive polymers have drawn much attention, because the two factors are important environments in the human body<sup>[7]</sup>. In recent years, these polymeric hydrogels have been extensively investigated as the potential carriers for the drug controlled-release<sup>[1, 2, 7-9]</sup>. For instance, 5-fluorouracil release rate from the thermo-sensitive poly(*N*-isopropylacrylamide) (PNIPAm) hydrogel was found to be effectively regulated by temperature changes between 10 °C and 37 °C<sup>[2]</sup>. Also, Shi *et al* reported that the cumulative release ratio of indomethacin was higher at 37 °C than that at 25 °C and increased slightly with increasing PNIPAm content<sup>[7]</sup>.

Because of the good balance between hydrophilic and hydrophobic interactions in the polymers, poly(*N*-isopropylacrylamide) (PNIPAm) showed well-defined lower critical solution temperature (LCST) in water at around 32 °C<sup>[10, 11]</sup>. As a result, PNIPAm was widely selected as candidate to prepare the temperature sensitive hydrogel.

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For the pH-responsive hydrogels, either acidic ( $-\text{COOH}$ ) or basic ( $-\text{NH}_2$ ) pendent groups are contained in the network. The pH/temperature responsive hydrogels were synthesized by incorporating the pH-responsive and temperature-sensitive components<sup>[12-14]</sup>. For example, Liu *et al* investigated fast responsive thermo- and pH-sensitive poly[*N,N*-diethylacrylamide-*co*-(acrylic acid)] hydrogels<sup>[12]</sup>. In order to get the both temperature and pH sensitive copolymeric hydrogels, itaconic acid was used to modify the thermo-sensitive polymer of *N*-Isopropylacrylamide<sup>[13]</sup>.

As a drug carrier in the biochemical field, safety and non-toxicity to body should be considered in synthesizing pH or thermo-sensitive copolymers. Compared to PNIPAm, the polymers derived from *N*-acryloylglycine methyl ester (NAGME) and *N*-acryloylglycine ethyl ester (NAGEE) have the similar structure. Also, due to the presence of labile ester groups, these polymers have a high degradability. Similar to poly[bis(glycine ethyl ester)phosphazene]<sup>[15]</sup>, the presence of natural amino acids moieties in the polymer chain maybe enhance the susceptibility to biocompatibility. Therefore, the polymers from NAGME and NAGEE can be used as materials for preparing the pH or thermo- sensitive polymer hydrogels.

It has been reported that the LCST of the homo-polymer derived from NAGME and NAGEE were 64 °C and 14 °C, respectively<sup>[16]</sup>. The copolymer hydrogel with LCST in the physiological temperature range can be obtained by adjusting the ratio of NAGME and NAGEE in the polymerization. To our knowledge, there is no report on the synthesizing the copolymer from NAGME, NAGEE and AAc. The purpose of this study is to prepare a pH- and thermo- responsive polymer hydrogel from NAGME, NAGEE and AAc. We investigated the effects of pH, temperature, inorganic salts and AAc contents on the swelling behaviors of copolymer hydrogel. In addition to this, the caffeine release from polymeric hydrogels was evaluated as a function of pH value and temperature. It was found that caffeine release showed a considerable dependence on the pH value and temperature change. The pH/thermo-sensitive polymer hydrogel was expected to be a potential pH/temperature controlled drug release carrier in the biochemical fields.

## 2. EXPERIMENTAL

### 2.1. Materials

Acrylic acid (AAc, Analytical purity) from Tianjin Chemical Company was distilled under reduced pressure prior to use. *N*-acryloylglycine methyl ester (NAGME) and *N*-acryloylglycine ethyl ester (NAGEE) were synthesized according to the reported procedure<sup>[17]</sup>. Ammonium persulfate (APS) and sodium bisulfite (SBS) from Tianjin Chemical Company, China were of analytical purity grade and used as received. *N*-methylenebisacrylamide (NMBA) from Tianjin Huadong Chemical Factory was used as a crosslinker. All solvents and other chemicals used were of analytical grade.

### 2.2. Preparation of Hydrogel PMEA

The pH/temperature responsive hydrogels (PMEA) were prepared through the free-radical copolymerization of NAGME, NAGEE and AAc in the aqueous solution. In

the polymerization, NAGME (0.143 g, 0.001 mol), NAGEE (0.157 g, 0.001 mol), deionized water (2 mL) and AAc (3%, 5%, 10%, based on total weight of NAGME, NAGEE and AAc) were added into a glass polymerization tube. NMBA (3%) and APS/SBS (4%), based on total weight of NAGME and NAGEE, were then introduced into the polymerization tube. Dry nitrogen was bubbled into the solution for 30 minutes to remove dissolved oxygen from the tube. Then, the polymerization was carried out at 20 °C for 24 hours. After polymerization, the copolymer hydrogel was immersed in deionized water for one day to remove the un-reacted monomers. The synthetic scheme for copolymer hydrogel (PMEA) from NAGME, NAGEE and AAc is illustrated in Figure 1.

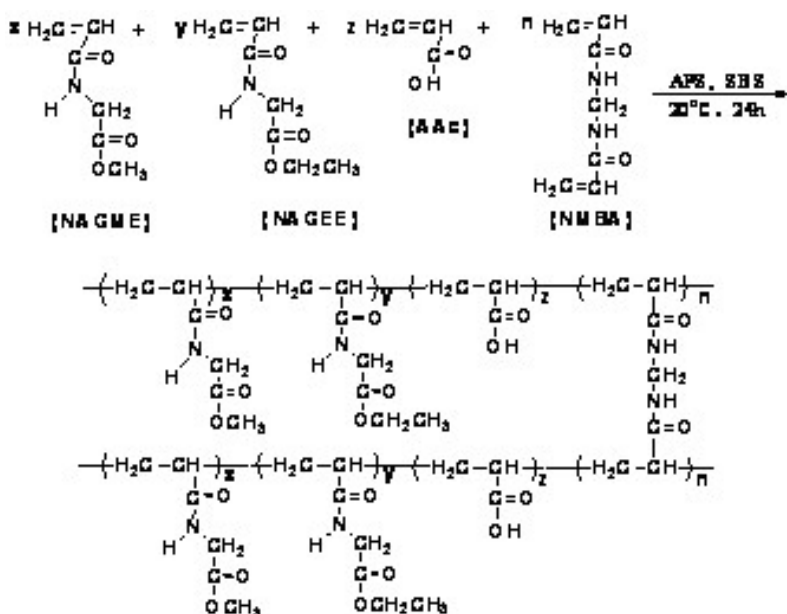


Figure 1: Synthetic Scheme for Copolymer Hydrogel PMEA

### 2.3. Measurement of Swelling Ratio

The swelling behaviors of PMEA were investigated in deionized water, phosphate buffer solution and different ionic strength medium. The hydrogels PMEA were immersed in the swelling medium. At given time intervals, the hydrogels were removed from the medium, and the weight of the swollen hydrogel was determined after removing the surface water through blotting with filter paper. The equilibrium swelling ratio (SR) was calculated by the following equation:

$$SR = (W_d - W_o) / W_o$$

Here, the SR was considered to be the equilibrium value when the swollen hydrogels reached a constant weight. In the equation,  $W_o$  and  $W_d$  were the weights of PMEA before and after swelling, respectively.

## 2.4. Drug Loading and Release Experiments

According to the reported procedure<sup>[17]</sup>, the caffeine-loaded hydrogel was prepared by copolymerization of NAGME, NAGEE and AAc. In the polymerization, NAGME (0.143 g, 0.001 mol), NAGEE (0.157 g, 0.001 mol), AAc (5 wt%, based on the total monomer weight) were dissolved in 2 mL deionized water in a glass tube. NMBA (3 wt%, based on the total weight of monomers) was controlled in the process of polymerization. The model drug, caffeine, was fixed at 5 % with respect to the total weight of monomers. The dried nitrogen was bubbled into the polymerization system for 30 minutes to remove the oxygen dissolved in the reaction mixture. APS and SBS as a redox initiator (4 wt%) was quickly added to the mixture. The mixture was then kept at 20 °C for 24 hours. After completing the polymerization, the caffeine-loaded hydrogels were dried at 50 °C under vacuum to constant weight and stored at 20 °C before use.

The caffeine release studies were performed by placing caffeine-loaded hydrogel (about 40 mg) separately in 40 mL release solutions (pH 2.70, 7.49 PBS and deionized water). The mixture was stirred at 100 rpm with a magnetic stirrer. At specified time intervals, 4 mL sample solution was withdrawn from the release medium and 4 mL fresh solution was added into the release medium to maintain the unchanged solution volume. The absorbance of sample was measured by UV spectrophotometer at 272 nm wavelength. Finally, the weight of the released caffeine was calculated with the standard calibration curve.

## 3. RESULTS AND DISCUSSION

### 3.1. Swelling Behaviors of PMEAA

#### 3.1.1. Sensitivity of Hydrogel PMEAA to Temperature

It has been reported that when the molar ratio of NAGME and NAGEE was fixed at 1:1, the LCST of the corresponding copolymer is 29.5 °C<sup>[16]</sup>. As a result, the ratio of NAGME to NAGEE was also fixed in order to get desired hydrogel with phase transition temperature in the range of the physiological temperature.

Figure 2 has shown the swelling behaviors of hydrogel PMEAA with different acrylic acid content (3, 5 and 10 wt%) in deionized water at different temperature. Seen from Figure 2, all the hydrogels have shown sensitivity to the temperature change. The hydrogel PMEAA had almost the same volume phase transition temperature between 25 °C and 40 °C, which is close to the physiological temperature. On one hand, the increasing of AAc content resulted in an increase of the swelling ratio (SR). For example, when the temperature was controlled at 20 °C, the swelling ratio of PMEAA with 3 %, 5 % and 10 % AAc were 17.5, 19.4 and 21.3 respectively. With increasing AAc content, the hydrophilicity of PMEAA hydrogel was increased greatly, leading to higher swelling ratio. On the other hand, the range of phase transition temperature became wider with increasing AAc content in PMEAA. Additionally, all the hydrogels exhibited high swelling ratio at lower temperature, but they de-swelled at higher temperature. This phenomenon may be due to the following fact: at low temperature, the H-bonding

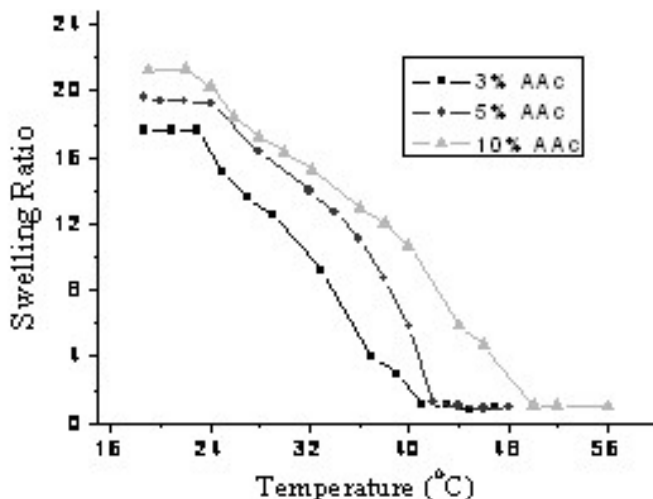


Figure 2: Dependence of Swelling Ratio on the Temperature (Medium: Deionized Water; pH: 6.5)

interactions among polymer chains and water molecules are dominant, bringing about higher swelling ratio. When the temperature is raised above the phase transition temperature, the hydrophobic interactions among the polymer chains become dominant and break the delicate balance between H-bonding and hydrophobic interactions. The increased hydrophobic interactions in PMEA consequently caused the polymer chains to collapse and decrease the swelling ratio dramatically<sup>[18,19]</sup>.

### 3.1.2. Sensitivity of Hydrogel PMEA to pH

Due to the considerable dependence of the swelling ratio to the ion strength, it was very necessary to maintain the same ion strength in investigating pH-swelling ratio relation. In this study, all the ion strengths in the phosphate buffer solution were adjusted to  $I = 0.60$ . Figure 3 has illustrated the swelling behaviors for PMEA in the solutions with different pH value at 20 °C. With increasing pH value, the equilibrium swelling ratios of the hydrogel PMEA increased. Specially, it was necessary to mentioned that the prepared PMEA were very sensitive to the two pH changing range including 4-6 and above 8. When pH values in the solution were increased to 6 from 4, and to 10 from 8, the swelling ratio of PMEA with 5 % AAc were upgraded to 11.06 from 5.90, and to 17.9 from 11.4, respectively.

In addition, the swelling ratio also exhibited a remarkable dependence on the AAc content. In general, the higher AAc content in PMEA leads to great swelling ratio. For instance, the swelling ratio for PMEA reached 7.8, 11.3, and 14.0 in pH = 7.4 PBS, as the AAc content were controlled at 3%, 5% and 10%. The higher the AAc content in PMEA is, the stronger the hydrophilicity of polymer chains is, especially in the basic solution. Therefore, the higher hydrophilicity for PMEA with the high

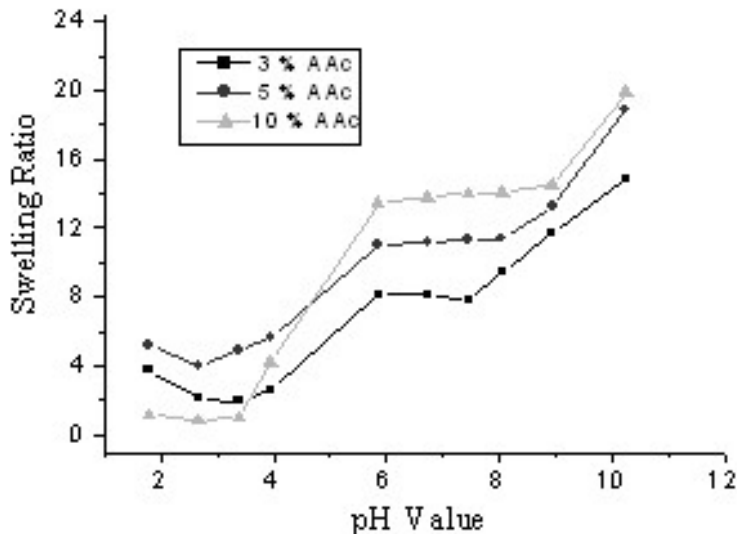


Figure 3: Dependence of the Swelling Ratio on pH value in the Medium (Medium: PBS; Temperature: 20 °C)

AAc content consequently induced to the free outspread of polymer chain in hydrogel, resulting in a high swelling ratio <sup>[20,21]</sup>.

### 3.1.3. Sensitivity of Hydrogel PMEA to Salts

Considering the practical application in the drug release system, the investigation on swelling behaviors of PMEA in salt solution seems to be more significant. The reason is that the swelling behaviors of hydrogel are also an important factor in the drug-releasing. As Figure 4 shown, the effect of different inorganic salts on the swelling ratio of PMEA was studied at room temperature. It was found that the swelling behaviors showed a dependence on the kinds of the inorganic salt and its ion strength, especially in the lower ion strength range. For KI, KBr and KCl, the swelling ratio of PMEA decreased dramatically with increasing salt concentration. For example, when KCl concentrations were fixed at 0.005, 0.01, 0.025, and 0.05 mol/L, the swelling ratio for PMEA with 3 % NMBA and 5 % AAc was 15.54, 15.34, 11.69 and 11.09, respectively. In carboxymethyl cellulose and polyacrylic acid hydrogel <sup>[22]</sup>, and PNEPAM <sup>[23]</sup> system, the similar results that the swelling ratio decreased with increasing the salt concentration were also found. Additionally, the swelling ratio was significantly sensitive to the kinds of inorganic salts. At the same salt concentration, KCl induced the highest decrease of swelling ratio among the three inorganic salts. KCl belongs to a "salt-out" agent, which factually decreases the H-bonding (hydrophilic interaction) between water molecules and polymeric chains <sup>[24]</sup>. This influence necessarily cause a decrease of LCST, that is, the earlier collapse of polymer chains occurred, implying the lower swelling ratio.

## 3.2. Caffeine Release from PME A

### 3.2.1. Effect of Temperature on Caffeine Release from PME A

The effect of temperature on caffeine release from PME A with 5% AAc was performed in deionized water. As shown in Figure 5, the higher caffeine release rate at 37 °C was found with comparison to that at 14 °C. The same changing tendency of drug release with temperature was also observed in chitosan/PNIPAm hydrogel [25] and calcium alginate/PNIPAm semi-IPN beads systems [7]. This releasing behavior could be ascribed to the two main reasons. Firstly, the drug release is a kind of molecular diffusion process. The drug release was consequently prevented by H-bonding interactions between drug molecule and polymeric chains in hydrogel. In this case, the H-bonding interactions of  $-C=O$ ,  $-N=$  groups in caffeine molecules was formed with ester and amides groups on polymer chains. Secondly, it is well known that H-bonding interactions weakened or disappeared as the temperature increased. Compared with at 14 °C, the weaker H-bonding interaction at 37 °C accelerates the diffuse of caffeine from PME A to the medium. As a result, caffeine-release rate at 37 °C is faster than that at 14 °C in deionized water.

In addition, as Figure 2 predicted, the phase transition temperature of PME A was about 25-40 °C. Below its LCST, the polymer chains in hydrogel network were solvated by water and outspreaded to some extent, whereas the polymer chains collapsed/aggregated above the LCST. The porous size in PME A for drug release was enlarged via the effective collapse of the polymer chains at higher temperature. Therefore, more caffeine diffused out from the PME A hydrogel at 37 °C over the same time interval.

### 3.2.2. Effect of pH value on Caffeine Release from PME A

Figure 6 has shown the caffeine release profiles from PME A with 5 % AAc in two different pH solutions at room temperature. It was found that the caffeine release was controlled via adjusting the pH value in the environment. That is, the hydrogel was sensitive to pH value in the process of caffeine release. It could be seen that only 49.1 % of caffeine were released from the hydrogel PME A within 500 min at pH=2.70 solution, whereas 93.9 % caffeine diffused into the medium at pH=7.49 medium. The similar results were also reported in the alginate/Poly(*N*-isopropylacrylamide) semi-IPN beads[7] and pectin-based superabsorbent hydrogel systems[26]. The reason for this caffeine-release behavior is probably related to the discrepancy of swelling behaviors for PME A. As shown in Figure 3, the swelling ratio of PME A was 4.13 and 11.34 when pH value was fixed at 2.70 and 7.49 in the medium. The smaller swelling ratio at lower pH means the smaller aperture for drug caffeine to release in the medium. The smaller aperture, implying higher hinder in drug releasing, resulted in the slow caffeine release. In addition, in the acidic solution, caffeine maybe forms a kind of organic salt in the swelling process because caffeine is an organic basic compound. The salt form of caffeine diffuse slowly with compared to the pure caffeine molecules, which lead to slower release for caffeine at acidic medium.

Also, another reason is probably related to the ionization of carboxyl groups on the AAc repeating unit. In pH 2.70 solution, the ionization of carboxyl groups is low,

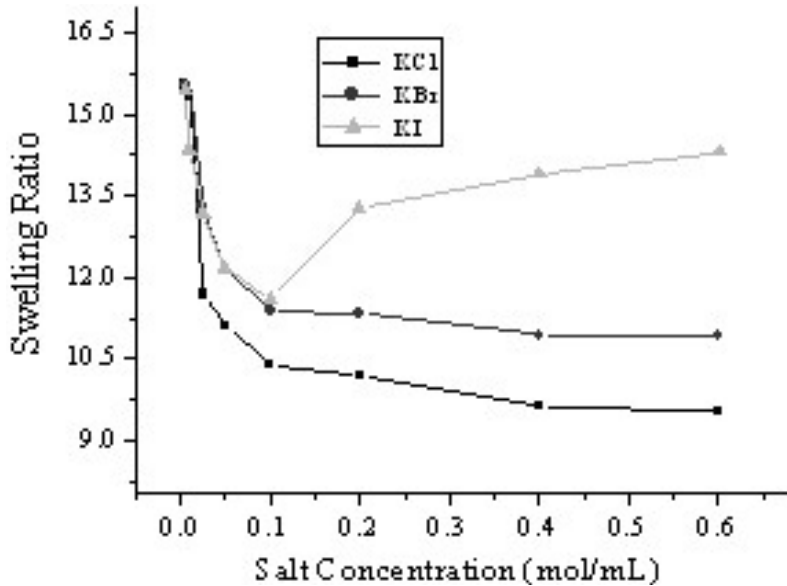


Figure 4: Dependence of the Swelling Ratio on Ion Strength in the Medium (Temperature: 20 °C, pH: 6.5, NMBA: 3 %)

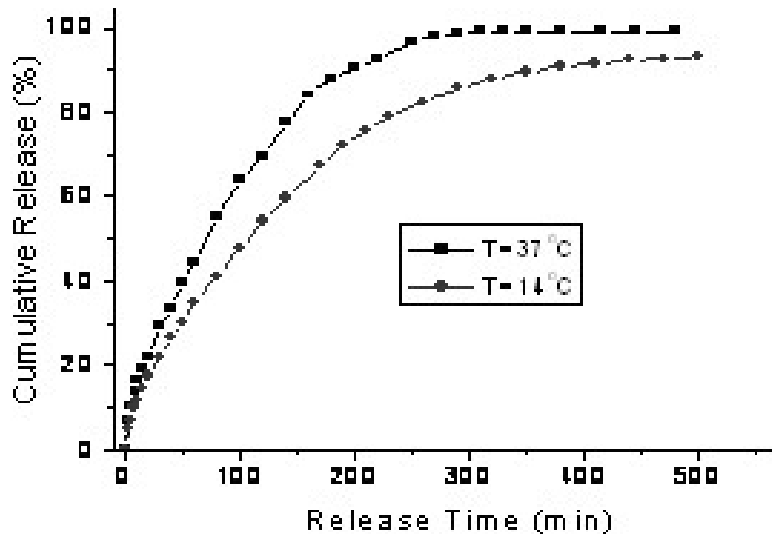


Figure 5: Effects of Temperature on Caffeine Release Behavior (Deionized Water, NMBA: 5 %, AAC: 5 %)

so the drug release is lower because of the stronger H-bonding between carboxyl group and caffeine molecules. However, at pH 7.49 medium, the higher ionization degree of carboxyl groups in PMEA induced weaker H-bonding interaction between carboxyl group and caffeine, leading to faster release of caffeine.



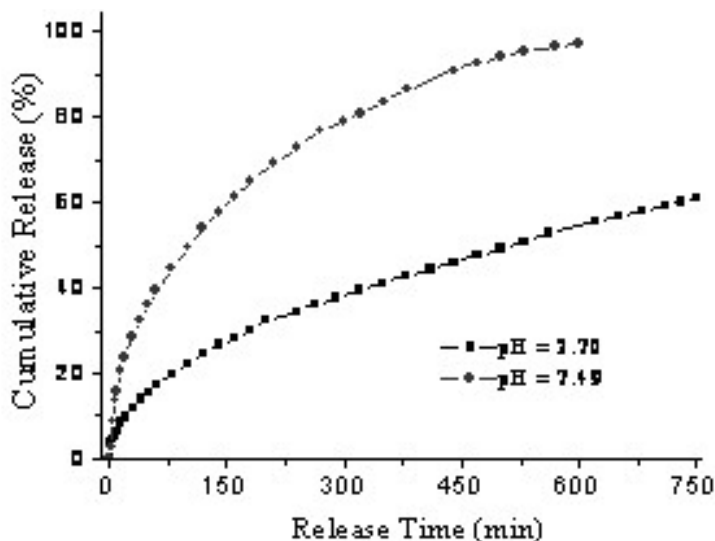


Figure 6: Effects of pH value on Caffeine Release Behavior (NMBA: 3 %, AAc: 5%, 20 °C)

#### 4. CONCLUSIONS

In this study, the glycine-mediated hydrogels PMEA were prepared by free-radical copolymerization among NAGME, NAGEE and AAc in order to get pH/temperature sensitive drug release carrier. The swelling measurements of PMEA clearly demonstrated the pH and temperature responsive nature. It was found that PMEA hydrogel was very sensitive to the pH change, especially in the range of 4-6 and over 8. The release behaviors of caffeine from the PMEA were evaluated as a function of pH and temperature. Compared with the acidic release medium (pH = 2.70), a remarkable increase in caffeine release was observed as the pH of PBS was controlled at 7.49. The release rate was faster at 37 °C than that at 14 °C due to the occurrence of phase transition of the polymer chains. These results indicated that PMEA hydrogels are expected to be used as an effective pH/temperature-sensitive drug delivery carrier in the biomedical field.

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